



CONTRACTED  
LUXURY WELLNESS  
HOTELS AND RESORTS

*Helentours*  
CONCIERGE MANAGEMENT

## DESIGN YOUR ULTIMATE WELLNESS RETREAT

This curated selection of elite wellness offerings is tailored exclusively for discerning luxury travellers seeking to elevate their travel experiences to unparalleled heights. Our edit of wellness hotels and resorts offers sumptuous accommodations, world-class spa treatments, gourmet food, and exclusive personalised wellness programmes.

Design your ultimate wellness retreat with Helentours and seamlessly blend lavish indulgence with the transformative power of wellness.

Our travel + 24/7 concierge service will deliver an unparalleled luxury experience.

[reservations@htconcierge.co.uk](mailto:reservations@htconcierge.co.uk)  
[www.htconcierge.co.uk](http://www.htconcierge.co.uk)

*Helentours*  
CONCIERGE MANAGEMENT

LUXURY WELLNESS PARTNERS





*Chiva Som, Thailand*

## CONTRACTED WELLNESS HOTELS AND RESORTS

# ASIA

INDIA  
INDONESIA  
JAPAN  
MALAYSIA  
NEPAL  
SRI LANKA  
THAILAND  
VIETNAM

**Aman Bagh, Rajasthan***Wellness, detox, ayurveda***Ananda, Himalayas***Yoga, detox retreat***Atmantan, Pune***Wellness, ayurveda***Hilton Shilim, Pune***Detox, ayurveda resort***Kabini Home, Karnataka***Wellness, ayurveda on nature***Kalari Kovilakom, Kerala***Accredited ayurveda hospital***Kalari Rasayana, Kerala***Ayurveda***Kumarakom Health Resort,  
Kerala***Wellness, yoga***Neeleshwar Retreat****Prakriti Shakti, Kerala***Yoga, nature cure hospital*

 INDIA  
(2/2)

Shreyas Retreat, Karnataka

Somatheeram, Kerala

*Ayurveda*

Soukya Health Centre,  
Bangalore

*Mental health*

SwaSwara, Gokarna

*Ayurveda, yoga on the beach*

Vana Retreat Dehradun,  
Northern Kerala

 INDONESIA

Alila Villas Uluwatu, Bali

Como Shambala, Bali

Five Elements, Bali

 JAPAN

Amanemu

 MALAYSIA

Banjaran

 NEPAL

The Dwarika's

 SRI LANKA

Aman Hotels Sri Lanka

Anantara Peace Heaven

*Wellness*

Ayurvie Weligama

*Pure ayurveda*

Barberyn Ayurveda

*Ayurveda*

Santani Wellness

Sen Wellness Sanctuary

Surya Lanka

*Ayurveda Beach resort*

Tri Lanka

 THAILAND

Amanpuri, Phuket

*Wellness and detox*

Amatara, Phuket

*Weight loss, detox resort*

Chiva Som, Huahin

*Weight loss, detox resort*

Kamalaya, Samui

*Weight loss, detox resort, holistic spa*

 VIETNAM

Amanoi

Fusion Maia Wellness, Da-Nang





SHA Wellness, Spain

CONTRACTED WELLNESS HOTELS AND RESORTS

# EUROPE

AUSTRIA  
CYPRUS  
DENMARK  
FRANCE  
GERMANY  
GREECE  
ITALY  
PORTUGAL  
SPAIN  
SWITZERLAND  
TURKEY  
UNITED KINGDOM

 AUSTRIA  
(1/2)

Aqua Dome, Soelden

AVITA Resort, Vienna

*Thermal Resort*

Der Steirerhof, Vienna

Falkensteiner Schloss Velden,  
Corinthia Lakes

*Spa, Wellness*

Falkensteiner Stegersbach,  
Vienna

*Thermal Resort*

Interalpen Tyrol, Seefeld

Loisium Resort, Vienna

*Wine Therapy*

Park Hotel, Igls

*Detox, Wellness*

Pulverer, Corinthia Lakes

*Thermal Resort*

 AUSTRIA  
(2/2)

Reduce Hotel Vital, Vienna  
*Thermal Resort*

Rogner Bad Blumau, Vienna  
*Thermal Resort*

Ronacher, Corinthia Lakes  
*Thermal Resort*

Schloss Fuschl, Salzburg

Sonnhof, Tyrol

Tauern SPA, Kaprun

Zedern Klang, Tyrol  
*Healing Water*

 DENMARK

Kurhotel Skotsberg

 FRANCE  
(1/2)

De Paris

*Spa, Detox*

Du Palais, Biarritz

*Spa, Detox*

Ermitage

*Spa, Detox*

Evian Resort

*Spa, Detox*

France Surgery, Paris

*Plastics*

Grand Hotel de Therme,  
Normandy

*Spa, Detox*

Hermitage

*Spa, Detox*

L'Hermitage Barriere

*Spa, Detox*

La Reserve de Beaulie

*Spa, Detox*

 FRANCE  
(2/2)

Le Royal

*Spa, Detox*

Le Royal Barriere

*Spa, Detox*

Les Sources De Caudalies

*Spa, Wine Therapy*

Miramar La Cigale

*Spa, Detox*

Monte Carlo Bay

*Spa, Detox*

Sofitel Ajaccio

*Spa, Detox*

Sofitel Biarritz Le Miramar

*Spa, Detox*

Sofitel Quiberon Dietique

*Spa, Detox*

Sofitel Thalassa

*Spa, Detox*

Vichy Celestins SPA

*Spa, Detox*

 GERMANY  
(1/2)

Ayurveda Park Schloesschen

*Spa, Detox*

Bollants

*Spa, Detox*

Brenners Park

*Thermal Resort*

Buchinger Bodensee

*Weight Loss, Detox Resort*

Clinics Collection, Munich

*Spa, Detox*

Graeflicher Park

*Spa, Detox*

Kliniken Allianz, Munich

*Spa, Detox*

Lanserhof Taegernsee

*Weight Loss, Detox Resort*

Nassauer Hof

*Spa, Detox*

Schloss Ellmau

*Spa, Detox*

 GERMANY  
(2/2)

Seehotel Ueberfahrt

*Spa, Detox*

The Fontenay

*Spa, Detox*

 GREECE /

Almira, Cyprus, Paphos

 CYPRUS

Amanzoe, Peloppones

Euphoria Wellness, Crete



Abano Grand

Adler Balance

*Detox*

Adler Dolomiti

*Detox*

Adler SPA Tuscany

*Detox*

Albergo Regina Isabella

Almar Jesolo

Arosea Life Balance, South Tyrol

*Wellness, Detox*

Atlantis Bay, Sicily

Bagni Di Pisa

Belmond Castello Di Casole

Capri Palace

Castello Di Velona Thermal SPA,  
Tuscany





Chia Laguna

Dojo Bianco, Tuscany

*Healing, Yoga*

Due Torre

Eremito

Fonteverde

Forte Village

GB Thermae Hotels

Grand Hotel Bagni Nuovi

*Thermal Resort*

Grotta Giusti

L'Albereta

La residence

Lefay Resort & SPA

Lucia Magnani Health Clinic

*Longlife Formula*



Mandarin Lake Como

Mazzaro Sea Palace, Sicily

Mezzatore Resort

Palace Merano

Palazzo Fiuggi

Preidlhof, South Tyrol

Rosewood Castilgon Del Bosco

Terme Di Saturnia

Terme Manzi

Terme Metropole

Trieste & Victoria

 PORTUGAL

Epic Sana Wellness Retreat,  
Algarve

Villalara Longevity Thalasso,  
Algarve

 SPAIN

Anantara Villa Padierna Hotels

Buchinger Marbella

Health House Las Dunas

Marbella Club

Oceano Health & SPA, Tenerife

SHA Wellness Clinic, Alicante

Shanti Som, Malaga

The Body Retreat, Andalucia  
*Womens Only Resort, Weight Loss*

 SWITZERLAND  
(1/4)

Angleterre & Residence,  
Lausanne

*Spa, Detox, Medical Wellness*

Beau Rivage Palace, Lausanne

*Spa, Detox, Medical Wellness*

Biotonus, Montreux

*Aesthetic Medicine*

Buergenstock Resort

*Spa, Detox, Medical Wellness*

Chateau D'Ouchy, Lausanne

*Spa, Detox, Medical Wellness*

Chenot Weggis

*Detox*

Clinic Lemanic, Lausanne

*Dermatology, Aesthetic, Anti-Age*

Clinique Detaire, Geneva

*Medical Clinic*

Clinique La Prairie, Montreux

*Aesthetic Medicine + Plastics*

 SWITZERLAND  
(2/4)

Des Trois Couronnes, Vevey  
*Spa, Detox, Medical Wellness*

Double Check, Zurich  
*Private Checkups*

Fairmont Montreux Palace  
*Spa, Detox, Medical Wellness*

Genolier Clinics, Montreux  
*Full-Service Clinic*

Giardino Hotels, Zurich,  
Ascona, St.Moritz  
*Ayurveda Programs*

Grand Hotel Des Bains,  
Yverdon Les Bains  
*Spa, Detox, Medical Wellness*

Grand Hotel Du Lac, Vevey  
*Spa, Detox, Medical Wellness*

Grand Resort Bad Ragaz  
*Spa, Detox, Medical Wellness*

Hirslanden Clinics  
Medical Clinic

 SWITZERLAND  
(3/4)

Kurhaus Cademario, Lugano  
*Spa, Detox, Medical Wellness*

La Clinic, Montreux  
*Aesthetic Medicine*

La Reserve, Geneva  
*Anti-Aging*

Lausanne Palace, Lausanne  
*Spa, Detox, Medical Wellness*

Le Mirador Resort & SPA,  
Montreux  
*Spa, Detox, Medical Wellness*

Palafitte, Neuchatel  
*Spa, Detox, Medical Wellness*

Parkhotel Vitznau  
*Spa, Detox, Medical Wellness*

Royal Plaza, Montreux  
*Spa, Detox, Medical Wellness*

Royal Savoy, Lausanne  
*Spa, Detox, Medical Wellness*

 SWITZERLAND  
(4/4)

Sources Des Alpes, Leukerbad  
*Thermal Resort*

Splendide Royal, Lugano  
*Spa, Detox, Medical Wellness*

The View, Lugano  
*Spa, Detox, Medical Wellness*

Victoria Jungfrau, Interlaken  
*Spa, Detox, Medical Wellness*

Villa Castagnola, Lugano  
*Spa, Detox, Medical Wellness*

Villa Honegg, Luzern Lake  
*Spa, Detox, Medical Wellness*

Villa Principe Leopoldo, Lugano  
*Spa, Detox, Medical Wellness*

Villa Sassa, Lugano  
*Spa, Detox, Medical Wellness*

 TURKEY

Sianji Wellbeing

Six Senses Kaplankaya

 UNITED  
KINGDOM

Chewton Glen

Cliveden

Culloden Estate & SPA

Grayshott Health SPA

Slieve Donard Resort & SPA

The Body Retreat, Somerset  
Dorset

*Womens Only Resort, Weight Loss*

The Royal Crescent, Bath  
*Thermal Resort*





Mii Amo, Arizona

CONTRACTED WELLNESS HOTELS AND RESORTS

USA  
MEXICO

# NORTH AMERICA

## NORTH AMERICA

 USA

Canyon Ranch

Golden Door Retreat, California

Mii Amo, South Grand Canyon

Miraval Resort by Hyatt, Arizona

 MEXICO

SHA Mexico, Riviera Maya